

SPECTRUM

EXTRA

march 2010



Getting away from it all!

Even when times are tough – indeed especially when times are tough – we could all do with a break to escape all the stress and anxieties of work.

Once again IBOA has been busy seeking some special discounts for members who just want to get away from it all.

A record forty hotels in Ireland – many with spa and leisure facilities – have signed up for this year's *BreakAway* programme.

Details of the participating hotels are listed in this special pull-out brochure.

In addition we also have two travel agencies – Hyho Travel in the Republic and Thomas Cook Travel in Britain and Northern Ireland – which are offering special deals on holidays abroad for IBOA members.

And for those of you with a passion for watching sport, two more sports travel specialists – Celtic Horizon Tours and McInerney Sports Travel – are featured on the sports pages of the main magazine.

For further updates on discounts on hotels, travel and other products and services, please check the Member Services section of the IBOA websites

Holidaying At Home

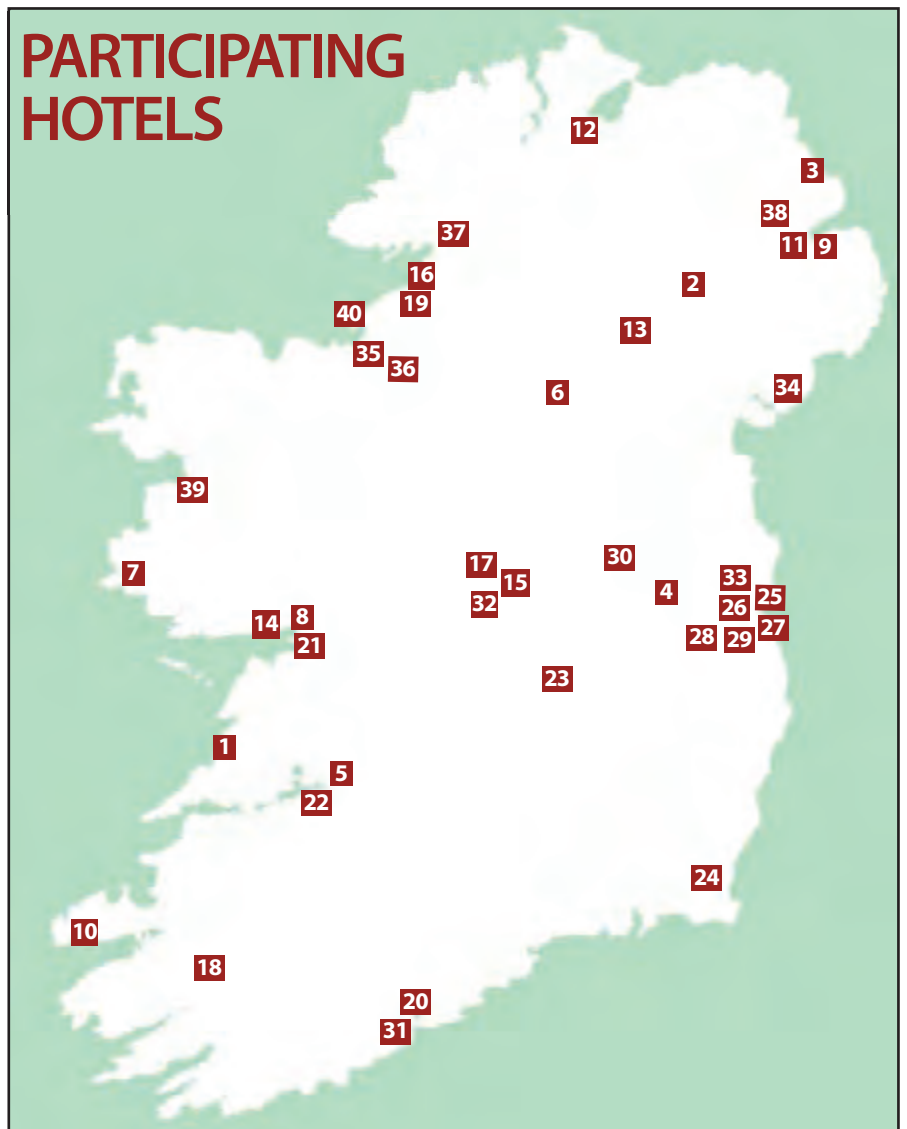
As the recession encourages more people to consider holidaying closer to home – by taking “stay-cations”, IBOA has secured more attractive offers from a number of hotels around Ireland for members interested in taking short holiday breaks.

With a package to suit every pocket, the participating hotels promise a hospitable welcome and good value discounts for IBOA members.

Our extended programme features forty hotels in a variety of locations – which are listed here. Further information is available on the IBOA websites and on the hotels’ own websites.

1. Armada Hotel, Spanish Point, Co. Clare.
2. Armagh City Hotel, Armagh.
3. Ballygally Castle Hotel, Co. Antrim
4. Carton House Hotel, Maynooth, Co. Kildare
5. Castle Oaks House Hotel, Limerick
6. Cavan Crystal Hotel, Cavan Town
7. Clifden Station House, Clifden, Co. Galway
8. Courtyard by Marriott Hotel & Spa, Galway
9. Culloden Estate & Spa, Belfast
10. Dingle Skellig Hotel & Peninsula Spa
11. Europa Hotel, Belfast.
12. Everglades Hotel, Derry.
13. Four Seasons Hotel, Monaghan
14. Galway Bay Hotel, Salthill
15. Glasson Hotel & Golf Resort, Athlone
16. Great Northern Hotel & Leisure Centre, Bundoran, Co. Donegal
17. Hodson Bay Hotel, Athlone
18. Holiday Inn, Killarney
19. Holyrood Hotel, Leisure Centre & Spa, Bundoran, Co. Donegal
20. Maldron Hotel Cork
21. Maldron Hotel Galway
22. Maldron Hotel Limerick
23. Maldron Hotel Portlaoise
24. Maldron Hotel Wexford
25. Maldron Hotel Parnell Square, Dublin 1
26. Maldron Hotel Smithfield, Dublin 7

PARTICIPATING HOTELS



27. Maldron Hotel Cardiff Lane, Dublin 2
28. Maldron Hotel Citywest, Dublin 22
29. Maldron Hotel Tallaght, Dublin 24
30. Marriott Johnstown House Hotel & Spa, Enfield
31. Maryborough Hotel & Spa, Cork
32. Radisson Hotel, Athlone
33. Skylon Hotel, Drumcondra, Dublin.
34. Slieve Donard Resort & Spa, Newcastle, Co. Down
35. Sligo Park Hotel, Sligo
36. Sligo Southern Hotel & Leisure Centre, Sligo
37. Solis Lough Eske Castle, Donegal Town
38. Stormont Hotel, Belfast
39. Westport Woods Hotel, Leisure Centre & Spa, Westport, Co. Mayo
40. Yeats Country Hotel, Leisure Club & Spa, Rosses Point, Co. Sligo

member: offers

Armada Hotel, Spanish Point, Co. Clare

4 star Luxury Hotel overlooking
Spanish Point Beach, Co. Clare

Exclusive to IBOA members

Mid-Week Special Offer

Just €29.99 B&B per person sharing
Sunday- Thursday

(Offer available from March 1 until
June 30, 2010)



Telephone: 00-353-65-7079000

Email: reservations@armadahotel.com

Web: www.armadahotel.com



Carton House Hotel, Maynooth, Co. Kildare

Carton House Hotel in Maynooth, Co. Kildare
gives you more reasons to indulge yourself.

This luxury hotel offers a range of leisure
activities from golfing to spa treatments and
outdoor activities to relaxing nature walks

Carton House is pleased to offer a rate of
€110 per person sharing, including full Irish
breakfast and dinner in the Linden Tree
Restaurant.



Carton House

This offer also includes a complimentary
upgrade for IBOA members.

To avail of the offer, state that you are an
IBOA member when you book by phone or
by email.

The offer is subject to availability.
Terms and conditions apply.

Telephone: 00-353-1-5052000

Email: reservations@cartonhouse.com

Web: www.cartonhouse.com

Exclusive offers for IBOA members from the Galway Bay and Hodson Bay Hotels

Book two or more nights in the Galway Bay or Hodson Bay Hotel and receive a complimentary gift.

Choose one of the following:

- A voucher for €30 off pampering treatments
- A round of golf for one person
- A boat trip for up to two adults and two kids (seasonal)

Terms and conditions: Minimum two night stay. One voucher per booking.

Availability in The Spa at Hodson Bay and Calmer Waters Beauty Salon must be checked before booking with minimum spend of €80.

Subject to availability. Valid until 31/12/2010

Hodson Bay Hotel, Athlone, Co. Westmeath.
E-mail: info@hodsonbayhotel.com
Web: www.hodsonbayhotel.com

Galway Bay Hotel, Salthill, Co. Galway.
Email: info@galwaybayhotel.com
Web: www.galwaybayhotel.com



member: offers



10% off published rates for IBOA members at all 10 hotels in the Maldron Hotels Group

Maldron Hotels is a fresh new name in Irish hospitality, with ten hotels nationwide – five in Dublin and one each in Cork, Galway, Limerick, Portlaoise and Wexford.

Providing great value and warm hospitality, facilities at many of our hotels include *Club Vitae* leisure clubs, spacious guest rooms, meeting rooms, free internet access and modern cuisine in Stir Restaurants and Café Bars.

Maldron Hotels is delighted to offer members of IBOA – The Finance Union a 10% discount

- Maldron Hotel Galway
- Maldron Hotel Portlaoise
- Maldron Hotel Limerick
- Maldron Hotel Wexford
- Maldron Hotel Cork



off published rates (subject to availability).

This discount is valid in any of the ten hotels below.

To avail of this discount, bookings must be made through the Maldron Group Central Reservations office – Locall 1850 885 885 and quote "IBOA."

Discount is valid for bookings until 31 December 2010. Discounts on bookings are subject to availability and may not be valid over certain dates such as Easter, Bank holidays, mid-term breaks, rugby international weekends, other special event dates, Christmas and New Year.

The offer is only open to IBOA members. Discounts are valid for double or twin rooms only. Discounts may not be used in conjunction with any other Maldron Hotels offer. Maldron Hotels terms and conditions apply.

- Maldron Hotel Parnell Square, Dublin 1
- Maldron Hotel Smithfield, Dublin 7
- Maldron Hotel Cardiff Lane, Dublin 2 (4*)
- Maldron Hotel Citywest, Dublin 22
- Maldron Hotel Tallaght, Dublin 24



member: offers

Courtyard by Marriott Hotel & Spa, Galway

Located at Headford Point with easy access from all the major routes into Galway City and is within walking distance to Shop Street and Eyre Square, this stylish hotel boasts 104 elegant spacious guest rooms, including two Executive suites. The Olive Tree Restaurant, Absolute Spa, fitness Suite and secure complimentary parking.

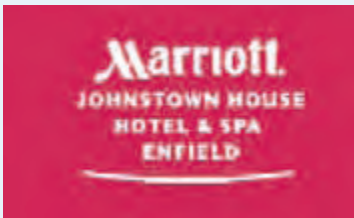
IBOA members will receive a 20% discount. For more information or to make a booking call 00-353-91-513200 or email galway.reservations@courtyardgalway.com

Offer is subject to availability. Terms and conditions apply

Web: www.marriott.com Web: www.thespa.ie



Marriott Johnstown House Hotel & Spa, Enfield



A luxury 4* hotel and spa developed around a magnificent rural eighteenth century Georgian residence and set on 120 acres of exquisite parkland. A blend of original majestic luxury and exclusivity, combined with modern flair and sophistication, create one of Ireland's most stylish properties.

20% discount for IBOA members. State that you are an IBOA member when booking by phone on 00-353-46 954 0000 or by email: info@johnstownhouse.com

Offer is subject to availability. Terms and conditions apply.

Web: www.marriottjohnstownhouse.com Web: www.mjhspace.com

Holiday Inn, Killarney

Situated at the gateway of the Ring of Kerry, the Holiday Inn Killarney is the ideal base to tour Ireland's South West including Kerry and its many fine attractions such as Muckross House, Torc Waterfalls and Killarney National Park to name but a few.

IBOA members will receive a 20% discount when they book using the reference HIKI-BOA10 on 00353-64-33000 or email: info@holidayinnkillarney.com

Offer is subject to availability. Terms and conditions apply.

Web: www.holidayinnkillarney.com



Clifden Station House, Galway

With breathtaking scenery on your doorstep and the most beautiful beaches only minutes away, Clifden is the perfect place to take a break this year! Discover all the West has to offer from the relaxed surroundings of the Clifden Station House.

- Enjoy a sumptuous lunch in the Station House Bar.
- Relax with an afternoon massage or facial in Renew Beauty & Body Centre.
- And for our younger guests...Railway Children's Club & Games Room is open for fun.

The Clifden Station House has something to offer everyone wanting to get away from the busy pace of working life for a short or long break boasting luxurious newly refurbished bedrooms & 4* two- and three-bedroom apartments!

IBOA members will receive a 20% discount when they book using the reference CSHIBOA09 on 00353-95-21699 or Lo Call 1850 377 000 or email: info@clifdenstationhouse.com

Offer is subject to availability. Terms and conditions apply.

Web: www.clifdenstationhouse.com Web: www.stationhousetheatre.com



member: offers



BRIAN McENIFF HOTELS

Bundoran-Sligo-Rosses Point-Westport-Dublin

The Brian McEniff group of hotels promises comfort and style wherever you're going. With locations in Bundoran, Sligo, Rosses Point, Westport and Dublin, you are sure to find excellent service, whichever hotel you may choose. Brian McEniff Hotels offer comfort with delicious food and value for money.

The Brian McEniff Hotels are delighted to offer members of the IBOA 10% discount off published rates (subject to availability). This discount is valid in any of the six hotels below.

- **The Holyrood Hotel & Blue River Leisure Centre & Escape Spa, Bundoran, Co Donegal**
- **The Great Northern Hotel & Leisure Centre, Bundoran, Co. Donegal**
- **The Best Western Sligo Southern Hotel & Leisure Centre, Sligo.**
- **The Yeats Country Hotel & Eros Spa & Leisure Centre, Rosses Point, Co. Sligo.**
- **The Westport Woods Hotel & Spa & Leisure Centre, Westport, Co Mayo.**
- **The Best Western Dublin Skylon Hotel, Drumcondra, Dublin 9.**



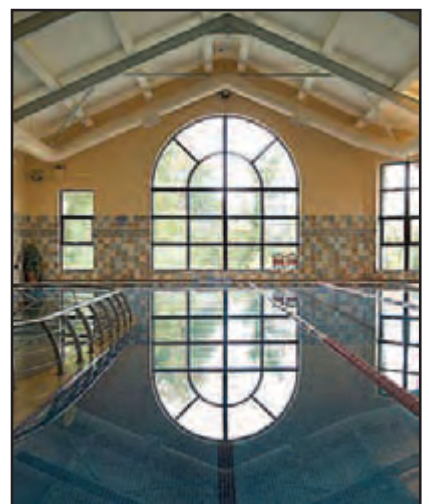
To avail of this discount, bookings must be made through the Brian McEniff Central Reservations office:

Phone 1890 203 203 from the Republic or 0800 039 0035 from NI/UK.

The special IBOA discount offer is valid until 31st December 2010.

Discounts on bookings are subject to availability and excludes all Bank Holiday Weekends.

Terms and Conditions apply.



member: offers

Solis Lough Eske Castle Donegal

At the foot of the fabled Blue Stack Mountains, on the shores of Lough Eske, the original Castle has been transformed into what will be Donegal's first five star Hotel and Spa, Solis Lough Eske is an imposing Tudor baronial castle, lavishly refurbished and extended in 2007 to create a world-class boutique hotel.

Among the many facilities available at the hotel, the Cedars Restaurant is stunning with its floor-to-ceiling, button-back upholstery and modern crystal light fixtures. Guests can choose from tantalising menus,



created by award-winning chef, Simon Nightingale.

Spa Solis features eight treatment rooms including two couples suites, a thermal suite and relaxation area and a spacious 12m indoor swimming pool.

With exceptional personal service and flawless attention to detail, Solis Lough Eske Castle stands out on its own.

Weekend and Midweek Breaks for IBOA Members:

Two nights' bed and breakfast with one evening meal from €215 per person sharing.

Offer subject to availability. Terms and conditions apply.

For further information or to make a reservation, please call 00-353-74-9725100 or email: reservations.lougheske@solishotels.com.

Please state that you are an IBOA member when booking.

Web: www.solislougheskecastle.com

Dingle Skellig Hotel & Peninsula Spa

Located on the shores of Dingle Bay, the hotel has 113 classically designed bedrooms and suites, including inter-connecting family rooms. The Peninsula Spa offers a full range of Yon Ka treatments while the Fungi Kids Club and Skellig Crèche is ideal for children of all ages.

Weekend and Midweek Breaks for IBOA Members:

April/May/June/September/October

Midweek : Sunday to Thursday (excluding Bank Holiday Weekends): 2 Nights' Bed and



Breakfast and Dinner on One Evening from only €150 per person sharing.

Weekend: Friday and Saturday (Excludes Bank Holiday Weekends): 2 Nights' Bed and Breakfast and Dinner on One Evening from only €199 per person sharing.

July/August

Midweek and Weekends (Excludes Bank Holiday Weekends): 2 Nights' Bed and Breakfast and Dinner on One Evening for only €249 per person sharing.

Special Children's Rates apply. Please contact the hotel directly for details.

Single Supplement is €25 per night.

Please quote IBOA offer when booking. All offers are subject to availability at time of booking. Terms and conditions apply.

Dingle Skellig Hotel, Dingle, Co. Kerry, Ireland
Tel: 00-353-66-9150200
Email: reservations@dingleskellig.com
Website: www.dingleskellig.com

Cavan Crystal Hotel

Situated on the outskirts of Cavan town, the Cavan Crystal Hotel is just over ninety minutes' drive from Dublin or Belfast. Yet it feels a million miles away with its luxury and comfort.

Midweek Breaks (Sunday to Thursday) - valid until 30 June 2010

Two nights' bed & full Irish breakfast plus one four-course à la carte evening meal and third night free only €109.00 per person sharing.

10% off Midweek Breaks (Sunday to Thursday) - valid from 1 July 2010

Two nights' bed & full Irish breakfast plus one four-course à la carte evening meal.



10% off Weekend Breaks

Two nights' bed & full Irish breakfast plus one four-course à la carte evening meal (Friday & Saturday and excluding Bank Holiday weekends).

10% off One Night Breaks

One night's bed & full Irish breakfast plus one four-course à la carte evening meal (subject to availability)

With all of these packages IBOA members will also receive a complimentary upgrade to the Executive King Room (subject to availability) – as well as complimentary daily

newspaper delivered to the room and complimentary use of bathrobes during your stay.

Full use of Zest Health and Fitness Club which includes an 18 metre deck pool, sauna, steamroom, Jacuzzi and fully equipped gymnasium is included.

Guests may also avail of Utopia Health and Beauty Clinic and Azuma Hair Salon (where salon charges will apply)

The 10% discount does not apply to any other special offers.

Please quote "IBOA Special Offers" to avail of discounted rates when booking by phone on 00-353-49 4360600 or by e-mail at info@cavancrystalhotel.com.

Web: www.cavancrystalhotel.com

member: offers



Four Seasons Hotel, Monaghan

The Four Seasons Hotel in Monaghan offers both service and culinary excellence; first-class accommodation; extensive award-winning leisure facilities; and a uniquely friendly atmosphere.

All together, they make the hotel the perfect location for business or pleasure.

The Four Seasons is offering the following special rates for IBOA members:

- midweek: two nights' bed and breakfast plus one dinner – €99.00 per person sharing;
- weekend: two nights' bed and breakfast plus one dinner – €159.00 per person sharing; – inclusive of use of leisure facilities.

Contact the Four Seasons Hotel and Leisure Club, Coolshannagh, Monaghan, Co. Monaghan by phone at 00-353-47-81888 or by e-mail at info@4seasonshotel.ie

Offer subject to availability. Terms and conditions apply.

Web: www.4seasonshotel.ie

Maryborough Hotel & Spa, Douglas, Cork

One of Cork's leading hotels offering premier 4-star service, the Maryborough is a charming old world mansion with a creatively designed extension at the centre of 14 acres of natural parkland. You will enjoy the tranquillity that the Maryborough Hotel and Spa offers – the perfect destination for business and pleasure.

Special offers for IBOA members:

MIDWEEK OR WEEKEND BREAK:

Two Nights Bed, Breakfast and à la carte dinner on one evening: €139.00 per person sharing.

SPA PACKAGES:

Spa Taste for Two – €130.00 per person sharing: one night bed and breakfast with one-hour spa experience.

Spa Comfort for Two – €155.00 per person sharing: one night dinner, bed and breakfast with a one-hour spa experience.

Spa Sensation for Two – €210.00 per person sharing: two nights' bed and breakfast with dinner on one evening and a one-hour spa experience.

See our website: www.maryborough.com

To book phone 00-353-21-4365555 or e-mail: info@maryborough.ie



Sheraton Hotel, Athlone

Book two or more nights in Sheraton Athlone Hotel and receive a complimentary gift.

Choose one of the following:

A €30 voucher off pampering treatments

A round of golf for one person

A boat trip for up to two adults and two kids (seasonal)

Terms and conditions: Minimum two night stay. One voucher per booking.

Availability in Sirana Spa must be checked before booking with minimum spend of €80.

Subject to availability.

Valid until December 31, 2010.

Sheraton Athlone Hotel, Gleeson Street, Athlone, Co Westmeath.

E: reservations@sheratonathlonehotel.com

W: www.sheratonathlonehotel.com T: 090 6451000

Ballygally Castle Hotel, Co. Antrim See display advertisement on page E10

Castle Oaks House Hotel, Limerick See display advertisement on page E12

Culloden Estate & Spa, Belfast See display advertisement on page E10

Europa Hotel, Belfast See display advertisement on page E10

Everglades Hotel, Derry See display advertisement on page E10

Slieve Donard Resort & Spa, Newcastle, Co. Down See display advertisement on page E10

Stormont Hotel, Belfast See display advertisement on page E100

member: offers

Armagh City Hotel, Armagh

The Armagh City Hotel is a thoroughly modern 4-star hotel that has retained old world hospitality and attention to detail. Belfast city centre is approx. 45 mins away while Dublin is only 90 minutes by car.

There are 82 bedrooms available at the Armagh City Hotel and each has been designed with the valued guest foremost in mind.

There is an L.A. Fitness gym on the premises. So those guests interesting in keeping in shape will not be disappointed.

The Friary Restaurant will serve traditional local favourites during the day and a modern Irish cuisine at night using the freshest of locally sourced ingredients.



The Callan Lounge is a great place to meet with friends or discuss business with colleagues while the Spires Bar is a trendier option and will take bookings for groups and parties.

IBOA members can enjoy weekend breaks – comprising:

- 2 nights' bed and breakfast with dinner

on one night and third night FREE for £99 per person sharing (based on two people sharing a room).

- Children up to 16 years stay FREE when sharing a room with two adults - with meals charged as taken.

Terms and conditions apply – subject to availability. Valid until December 31, 2010.

Upgraded rooms available for a supplement.

Quote IBOA when booking. IBOA membership card must be shown on check-in.

To book call: 00-44-2890-385050 or e-mail: reservations@mooneyhotelgroup.com website: www.armaghcityhotel.com

2 Friary Road, Armagh, Co Armagh

Sligo Park Hotel, Sligo Town

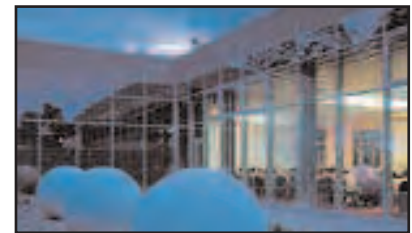
The four-star Sligo Park Hotel on the edge of Sligo town offers you the best of both worlds.

Whether you are visiting for a leisure break, a conference or a special event in the contemporary ballroom..... golfing, walking, surfing, culture or buzzing night life, it's all right on our doorstep.



IBOA members can enjoy **two nights bed and full Irish breakfast with dinner on an evening of your choice** in the Hazelwood Restaurant at the following special rates:

- Midweek from €109 per person sharing (€129 per person sharing in July and August)
- Weekend from €129 per person sharing (€149 per person sharing in July and August)

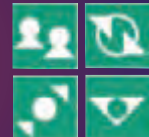


To book phone 00-353-71-9190400 or e-mail: sligo@leehotels.com Web: www.sligoparkhotel.ie

Excellent worldwide travel insurance at discount rates for IBOA members & their families



Family members may travel independently of one another



For further details, please call
Prestige Underwriting Services
on 00-353-(0)-49-4371505



LUXURY SPRING BREAKS FOR IBOA MEMBERS



4 AND 5 STAR HOTEL BREAKS FROM £40PPS



Come and enjoy a perfect spring break at a Hastings Hotel. With a choice of six luxurious hotels across Northern Ireland, and rates from only **£40pps**, you'll get the pampering you deserve - and put a spring in your step!

Everglades Hotel, Derry	★ ★ ★ ★	from £40pps
Ballygally Castle Hotel, County Antrim	★ ★ ★ ★	from £40pps
Stormont Hotel, Belfast	★ ★ ★ ★	from £40pps
Europa Hotel, Belfast	★ ★ ★ ★	from £50pps
Silve Donard Resort and Spa, Newcastle, County Down	★ ★ ★ ★	from £55pps
Culloden Estate and Spa, Belfast	★ ★ ★ ★ ★	from £60pps

To book your Spring break, visit www.hastingshotels.com
or call us on **+44 (0) 28 9047 1066**, quoting 'IBOA Member offer'

All offers valid until 31st May 2018. Include full Irish breakfast and are subject to availability at time of reservation. Offers are per person sharing per night in a double room. Single supplements and taxes apply. Details www.hastingshotels.com/iboa-offers

www.hastingshotels.com



Holidaying Abroad

HYHO.^{IE}

TRAVEL. THE HYHO WAY

Hyho Travel are delighted to be able to offer exclusive discounts available to IBOA members only.

Click on the Hyho link on the IBOAPlus page of the IBOA website to go to Hyho's IBOA Offers page for the latest information on special offers on holidays for destinations worldwide.

For any queries or quotes, please contact John Gallagher directly on 00353-1-2542075 or contact the Hyho call centre on 00353-818-332760.



Small Ads Big Choice

Holiday Apartments to Rent

Adverts placed for
IBOA Members by
IBOA Members

Check out the IBOA websites:
[www.iboa.ie/services/
smallads.html](http://www.iboa.ie/services/smallads.html) or
[www.iboa.org.uk/services/
smallads.html](http://www.iboa.org.uk/services/smallads.html)

A large photograph of a woman in a white bikini sitting on a rock by the sea, looking out at the water. The sky is blue with some clouds.

Great savings and offers for IBOA members in Great Britain and Northern Ireland from Thomas Cook – including a 6% discount on thousands of holidays.

Just call 0870-0102904 – quoting reference IBOA – or visit www.staffholidayclub.com

The Thomas Cook logo, which is a blue and yellow sphere with the words "Thomas Cook" written on it.



Castle Oaks House Hotel

HOLIDAY VILLAGE & COUNTRY CLUB



- "Charming Country Elegance"
Exclusive Offer
For **IBOA MEMBERS****
- Limerick City - 10 Minutes
 - Woodland & Riverside Walks
 - Just 2 Hours from Dublin
 - 4* Riverside Mews Holiday Homes

Two Nights for the Price of 1

**Book One night & Receive your
Second Night **FREE**
For only €129 per Double Room
B&B for 2 Nights**

**Valid from 1st March—May 31st 2010
Subject to Availability**

Tel: (061) 377666



Charming Country Elegance